

Dementia: the Carer's Experience

Better Enabled, Better Equipped

A conference by carers, for carers.

This is a conference designed and organised by people with long experience of caring for someone with dementia, unpaid.

It is for people who are currently caring for someone with dementia, unpaid.

The programme has a twin focus and will include:

- **Financial - Legal Matters - Home Matters**
- **Managing Expectations - What About Me**



There will also be time for discussion and questions.



Saturday 30 September 2017

9am to 4pm, Glasgow City Centre

FREE for carers to attend

Lunch will be provided



More Information

Financial Matters - Legal Matters – Home Matters

Key practical information to assist and support people caring for someone with dementia.

Managing Expectations - What About Me

Carers, with in-depth 'lived experience' will talk about what it's like to care for someone with dementia, sharing their insights and learning about what has helped them.

This is the **first in a series of similar local events in Scotland**, planned and delivered **by carers for carers of people with dementia**, and funded by the Life Changes Trust.

It is only for current carers living in **Glasgow, North Lanarkshire, South Lanarkshire, East Dunbartonshire, West Dunbartonshire, Renfrewshire or East Renfrewshire**.

A reasonable contribution to the cost of travel to the conference and of looking after the person with dementia to let carers attend is available. At the time of registering, we will ask people to complete a simple form.

To register

Go to the Life Changes Trust website: www.lifechangestrust.org.uk to download a registration form OR call Anne Miller on 0141 212 9615 OR email: anne.miller@lifechangestrust.org.uk

Please sign up as soon as possible as places are limited.