

# Life Changes Trust Quarterly Performance Report

July – September 2015

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## Introduction

July-September 2015, the second quarter of the 2015-16 financial year, has been an exciting period with significant developments across both programmes. Highlights include:

- announcement of funding worth £1.2 million for 11 new befriending and peer support initiatives for people affected by dementia
- approval of funding worth £0.5 million for 6 peer mentoring projects for care experienced young people
- publication of an evaluation report on the Individual Awards Pilot for people affected by dementia which highlights the direct and 'ripple effect' benefits that these awards have achieved
- supported the development of plans for 9 new Champion's Boards for care experienced young people through a residential leadership course run by Columba 1400 and supported application process
- funded the production of Deal with Dementia, a brochure, DVD and online resource to raise awareness of the sensory challenges that people with dementia may face and how to address them. This was presented at the Alzheimer's Europe Conference in Slovenia in September.

Many more exciting developments are in the pipeline and we are already learning a great deal from initiatives we are funding.

Our Annual Report for 2014-15, including approved financial report was published on our website in September.

During this period we also prepared our first Annual Review for 2014-15, which will be published in November and planned our first national stakeholder seminar, which will be held in November in Glasgow.

Please visit our website for more information. You can also sign up for the Trust's e-bulletin on our website.

**Maddy Halliday**  
**CEO**

# Summary and Highlights

## 1. People Affected by Dementia Programme

### 1.1 Funding Awards: Complete or in progress

#### **Befriending and peer support initiative (in progress)**

This funding will support the development of befriending and peer support initiatives in Scotland. Applications closed on 2<sup>nd</sup> April 2015. There were 41 applications for funding of which 13 were approved in May 2015, subject to due diligence. Due diligence has now been completed for 11 of the 13 projects and funding of these projects has been announced in the press and through social media. Progress and evaluation reports are scheduled.

**Funding: £1,212,500 over 5 years, commencing 2015**

#### **Deal with Dementia – Sensory Challenges Project (complete)**

This is a grassroots project led by a person living with dementia and a carer which highlights a number of the sensory challenges that dementia can bring. A booklet, DVD and online resource have been produced which can support people living with dementia to understand and address the challenges they may face. The project was presented at the Alzheimer Europe Conference 2015 in Slovenia and will also be presented at the 10<sup>th</sup> UK Dementia Congress in November 2015. More details of reach and impact will be provided in due course.

**Funding: £9,359, 2015-16**

#### **Age Scotland – early dementia awareness raising and intervention among older people in Scotland (in progress)**

This funding will enable Age Scotland and its 849 member groups to become dementia friendly. The organisation will:

- increase awareness of how healthy living can prevent or delay the onset of some types of dementia
- increase awareness of healthy living and positive opportunities for people with early stage dementia to improve quality of life
- encourage people to seek early diagnosis and promote early intervention
- promote awareness of the equalities issues and human rights of people who have early-stage dementia
- use evidence from engagement with older people to influence the Scottish Government and other policy makers and service providers
- Progress and evaluation reports are scheduled.

**Funding: £515,087 over three years, commencing 2015**

### **Conference Bursaries: Alzheimer Scotland Conference, June 2015 (complete)**

The Trust provided bursaries which enabled people with dementia and their carers to attend and participate in the Alzheimer Scotland conference. Feedback has been given from all bursary holders and a report will be published on the Trust's website. The Trust also sponsored the Quiet Room at the event for people with dementia to use.

**Funding: £8,200, 2015**

### **Conference Bursaries: Alzheimer Europe Conference, September 2015 (complete)**

The Trust provided bursaries to enable people with dementia and their carers to attend and participate in the Alzheimer Europe conference in Slovenia. Feedback will be obtained from all bursary holders and a report will be published on the Trust's website in November 2015.

**Funding: £37,625, 2015**

### **Dementia Engagement and Empowerment Project (DEEP) Phase 3 – joint funding in partnership with the Joseph Rowntree Foundation and Comic Relief (in progress)**

DEEP is an initiative that supports people living with dementia to have a stronger voice in their community and in influencing improvements to policy and practice. There are currently more than 50 DEEP groups in the UK, some of which are in Scotland. The aim of this funding is to greatly increase the number of groups and, from the Trust's perspective, particularly in Scotland. This is a grassroots initiative that puts the dementia agenda back into the hands of people living with the condition. Progress and evaluation reports are scheduled.

**Funding: £357,576 over four years, commencing 2015**

### **Dementia Friendly Communities (in progress)**

The aim of this initiative is to facilitate the development of dementia friendly communities across Scotland which support people affected by dementia to live well and be included in their local and wider community. Trustees approved funding for 14 initiatives in December 2014. Funding has now been confirmed following due diligence checks, and announcements of 14 successful awards have been made.

Details of the successful applicants can be found here:

<http://www.lifechangestrust.org.uk/funding-story/%C2%A33-million-dementia-friendly-community-initiatives>

The first gathering of all the Dementia Friendly Communities was held on 6 May 2015 in Perth. The focus of this meeting was to explain the evaluation support that will be provided to the DFCs and how evaluation will be planned. Progress and evaluation reports are scheduled.

**Funding: £3,386,187 over three years, commencing 2015**

### **Individual Awards Pilot for People Affected by Dementia (complete)**

This pilot was delivered in Argyll & Bute and Edinburgh, with the support of several partner organisations including RVS and local carers' groups. It aimed to help people affected by dementia to do something that would make a difference to their quality of life. 416 awards were made. An evaluation report was published in September 2015 on the Trust's website. Future plans for this type of funding are under consideration.

**Funding: £250,065 2014-15**

### **Scottish Dementia Working Group – transport sub-group DVD and online resource (in progress)**

The Transport sub group of the Scottish Dementia Working Group (SDWG) will produce a DVD and online resource to raise awareness of some of the issues people with dementia may have when using public transport and to provide some tips and hints on what public transport agencies could do to help. A report on reach and impact will be available in 2016/17.

**Funding: £7,000, 2015-16**

### **Scottish Social Attitudes Survey 2014 – Attitudes to Dementia (complete)**

This survey was carried out by ScotCen between May and August 2014. The report was launched in June 2015. This was jointly funded by the Joseph Rowntree Foundation and the Trust. The report is available here:

<http://www.lifechangestrust.org.uk/news/national-survey-reveals-scots-want-do-their-best-people-affected-dementia>

**Funding: £60,000, 2014-15**

### **Values, Ethics and Rights in Dementia Network (VERDe Network) (in progress)**

This is a venture that is jointly funded with the Joseph Rowntree Foundation. It will establish a UK-wide network of individuals and organisations committed to achieving positive changes in thinking and a rights-based approach to policy and practice concerning values, rights and ethics for people living with dementia. People living with dementia will be actively involved. Progress and evaluation reports are scheduled.

**Funding: £27,720 over 18 months, commencing 2015**

## **1.2 New Funding Initiatives and/or Awards: Approved**

### **Funding Initiatives**

No new funding initiatives or awards were approved during July-September 2015.

## 2. Care Experienced Young People Programme

### 2.1 Funding Awards Complete or in progress

#### **Who Cares? Scotland: Engagement and Empowerment of Care Experienced Young People – continuing funding (in progress)**

Informed by evaluation of their development funding from the Trust in 2014, Who Cares? Scotland were invited to submit a continuing funding proposal to the Trust in October 2014. This was assessed and then approved by Trustees in November 2014. This continuing funding will allow Who Cares? Scotland to work with young people and others to:

- improve care experienced young people's life chances, quality of life and well being
- reduce stigma and create a positive care identity

This will be achieved through a range of engagement, empowerment and influencing activities.

**Award Amount: £1,232,243 over 4 years, commencing 2014**

### 2.2 New Funding Initiatives and/or Awards: Approved

#### **Peer Mentoring**

To invest in an initial phase of peer mentoring projects for care experienced young people, which will provide support to recipients while assessing benefits of this approach. There were 23 applications for funding of which 6 were approved in August 2015, subject to due diligence.

**Funding: £524,087 over 2 years**

#### **Mentoring in Education**

To invest in an expansion of a school-based mentoring programme for care experienced young people, with the aim of improving their school experience, educational attainment and post-school opportunities. In May 2015 the Trustees agreed in-principle funding for MCR Pathways, subject to certain conditions. Trust funding will be complemented by funding from several other funders, including the Robertson Trust and the STV appeal, through the Hunter Foundation.

**Funding: £600,000 over 3 years, commencing 2015/16**

### **Champions Boards (Dundee)**

To invest in and support the development of Dundee Champions Board, to enable systemic, transformational and sustainable improvements to the support provided to care experienced young people over time, improving their quality of life and well-being. The Programme Committee agreed an in-principle funding award for Dundee Champions Board at its August meeting, subject to further refinement of the evaluation plan.

**Funding: £225,673 over 3 years**

## **3. Cross Programme Funding Initiatives**

### **3.1 Funding Initiatives in Progress**

#### **Corporate Social Venturing Scotland**

CSV Scotland is a social investment initiative, launched in June 2015, by Big Issue Invest, LCT and other partners. The first phase of CSV Scotland in partnership with the Trust will provide up to 10 social businesses with loan funding and free business support which demonstrate that they can make a significant difference to the lives of the Trust's beneficiary groups by:

- promoting the independence and inclusion of people affected by dementia
- and/or improving employment of care leavers

Following planning and preparatory work during 2014/15, the funding call was launched in June, with the closing date in October. Two funding briefing meetings were held in July for prospective applicants and Trust staff manage applicant enquiries.

**Trust Funding:** £500,000 loan fund (£250,000 for each programme); up to £50,000 per successful applicant; funding commencing in 2016.

## 4. Trust Profile and Reach

### 4.1 Digital Communications

- The Trust's new website was launched on 17th June 2015. It provides better functionality, clearer and more engaging appearance and straightforward navigation. August to September saw a small increase of 6% of page views, typical for summer months.
- At the end of June 2015, 935 people subscribed to our e-bulletin. By the end of September there were 1008, an increase of 8% in 3 months.
- At the end of June 2015, the Trust had 1034 followers on Twitter. By the end of September, that number was 1160, an increase of 12% over three months.
- Our Trust Blog site – which is linked to our website - went live in September, with the first blog from CEO Maddy Halliday. Subsequent blogs are scheduled from our Programme Directors, CEO and advisors.

### 4.2 Publications

- Our first Annual Review was written, ready for design and publication in October 2015.
- Our People Affected by Dementia Evaluation Report was edited, designed and published in house on World Alzheimer's Day on 21st September 2015.

### 4.3 Events

- The Trust held two funding briefing meetings for our CSV Scotland initiative; one in Glasgow on the 7th July and the other in Perth on the 13th July.
- Planning for our first Trust Annual National Stakeholder Event in November 2015 is in hand.
- Trust staff attended 12 external events during July, August and September 2015.

## 4.4 Media

Between July and September, **6** media releases were issued by the Trust for the dementia programmes befriending and peer support funding.

Media coverage is still being collated but combined reach so far is around 200,000.

7 more dementia programme befriending and peer support funding media releases will be issued in October, as well as 6 care media releases for our experienced young people programme peer mentoring funding.

Our fundees have also been supported to promote the Trust, with Trust quotes, mentions and photographs, with a combined reach of 216,619.

## **5. Governance, Management and Operations**

In August 2015 the Trust's Finance Committee and both Programme Committees met. A new Remuneration Committee also met in August. The Board meeting for this quarter was held in September.

Approved minutes for all governance meetings will be available on the Trust's website between November and December 2015.

## Section A – Programmes

### A.1 People Affected by Dementia Programme

#### A.1.1 Completed Funding Initiatives

##### A.1.1.1 Title of Funding Initiative: Bursaries for 24<sup>th</sup> Alzheimer Europe Conference, October 2014

###### Aim

To enable people with dementia and carers to attend a significant dementia conference which they would normally be unable to attend.

###### Intended Outcomes

- People affected by dementia attend the conference and can meet with and learn from others with similar experiences.
- People affected by dementia are at the heart of discussions about matters which directly affect them and the way they live their lives.
- The conference is positively affected by the presence of people living with dementia and carers and the contributions they make at the conference.
- An example is set which may encourage those who organise conferences and other events to consider how people with dementia and carers can be helped to attend and to have their voices heard.

**Funding Approach:** Open Call

**Start and End Date:** July 2014 – October 2014

**Fundees:** 70 individuals

**Partners:** Alzheimer Scotland and Alzheimer Europe (administered awards)

**Award Amount:** £500 to 50 individuals from Scotland; £750 to 10 individuals from Europe; £250 to 10 frontline workers from Scotland.

###### Links to Trust Programme Strategy

**Priority/ies:** Priority 5 – specifically, “ensure that people affected by dementia have voices that are heard by the public, communities and professionals”.

###### Links to Trust Programme Outcomes

More people affected by dementia can say:

- I am empowered to do the things that are important to me

## **Summary of Activity**

The Trust provided 70 bursaries which enabled people with dementia and their carers from Scotland to attend the Alzheimer Europe Conference in Glasgow in October 2014 (bursaries were also provided to a few frontline workers who otherwise would not have been able to attend.)

## **Evaluation**

### **Methods**

- Guided letter returned to Programme Team
- Verbal feedback at conference recorded
- Conference report produced and shared publicly and with key organisations

### **Findings/Results**

Feedback from bursary holders was very positive and we believe fulfilled intended outcomes. A report is available on the Trust's website.

### **Next Steps**

- Trustees have decided to fund bursaries at the Alzheimer Scotland Conference (June 2015) and the next Alzheimer Europe Conference (Slovenia – September 2015). The Programme Director is speaking with Alzheimer Scotland about how to best deliver these bursaries.
- The Trust will also seek to influence others, to encourage them to provide this type of support in future
- The Trust will review any longer term role in 2016.

## **A.1.1.2 Title of Funding Initiative:** Scottish Social Attitudes Survey – Attitudes to Dementia

### **Aims**

- Explore knowledge, understanding and awareness of dementia and: personal experience of dementia; perceptions of people with dementia and their carers; attitudes to who should provide care and how the care is funded for people with dementia; dementia friendly communities; and where people would go for help and support.
- Examine the differences in attitudes to dementia by various groups of people in Scotland by exploring: socio-demographic factors; whether someone knows someone with dementia; whether they have cared for someone with dementia; and how much knowledge they have about dementia.

### **Intended Outcomes**

- The Trust and others gain a better understanding of how the Scottish public views people with dementia and their carers and the help and support they need.
- The Trust and others gain a better understanding of what the Scottish public understands about dementia and where they go for information.

- This information can be used to better target and provide information and advice about dementia, build on positive attitudes and challenge negative ones.

**Funding Approach:** Targeted and Collaborative

**Start and End Date:** February 2014 – September 2015

**Fundee:** National Centre for Social Research (delivered by ScotCen)

**Partners:** Joseph Rowntree Foundation (JRF) as joint funder

**Award Amount:** £60,000

### **Links to Trust Programme Strategy**

**Priority/ies:** Priority 4 – specifically, develop a clearer understanding of public attitudes among Scottish people towards those with dementia and their carers and promote positive attitudes and understanding about dementia.

### **Links to Trust Programme Outcomes**

More people affected by dementia can say:

- I feel safe, listened to, valued and respected

### **Activity to Date**

- Survey questions were developed in collaboration with the Trust and JRF and tested before being finalised.
- The survey was undertaken during spring-summer 2014 by the Scottish Centre for Social Research as part of the National Household Survey.
- A summary of findings were provided to the Trust and JRF in November 2014 and the full report, with findings, was launched in June 2015.

**Evaluation:** N/A

### **Next Steps**

- The report and survey findings have been published online in full and summary formats and was launched in June 2015.  
<http://www.scotcen.org.uk/media/974473/SSA2014-Attitudes-to-Dementia-FULL-REPORT.pdf>.
- There are plans for further dissemination of the findings, including publication of a briefing.
- The findings will also inform planning of future funding priorities for the Trust.
- Recommendations on whether the Trust should fund future surveys will be considered in 2016.

## A.1.2 Active Funding Initiatives

### A.1.2.1 Befriending and Peer Support

#### Aims

- To fund befriending and peer support services that people with dementia and carers say they greatly value.
- To support selected organisations providing such services which do not have statutory funding.
- To build a more robust (less anecdotal) evidence base of the long term benefits of befriending and peer support.
- To link such services into the Community of Practice and Learning that will develop from the Trust-funded Dementia Friendly Communities across Scotland.

#### Intended Outcomes:

##### Those who benefit from befriending initiatives can say:

- I know that I have someone who will listen to me and understand me
- I feel less lonely and more positive about life
- I have an increased sense of well-being
- I feel safe, valued and respected
- I have more confidence to do the things that matter to me
- I can give examples of how befriending has made a difference to my life

##### Those who benefit from peer support initiatives can say:

- I know that I have someone who will listen to me and who understands my situation
- I know that I have support to face the challenges in my life
- I have an increased sense of well-being
- I feel safe, valued and respected
- I have more confidence to make choices and do the things that matter to me
- I can give examples of how peer support has made a difference to my life

**Funding Approach:** Open call

**Start and End Date:** January 2015 – June 2020 (Awards made from October 2015)

**Fundees:** 13 projects have been successful in securing funding subject to due diligence checks.

**Partners:** none as yet, but match funding will be required from year 3 and this will introduce partners to the scheme

**Award Amount:** £1,212,500 over 5 years (match funding required in years 3 to 5)

## Links to Trust Programme Strategy

**Priority/ies:** Priority 5 – “Empower people affected by dementia so that they can do the things that are important to them”, specifically, “Increase and improve the personal support available to people affected by dementia, for example, through peer support, befriending, independent advocacy and mentoring”.

## Links to Trust Programme Outcomes

More people affected by dementia can say:

- I feel safe, listened to, valued and respected
- I am empowered to do the things that are important to me

**Evaluation:** Successful applicants will be given initiative-specific evaluation guidance and evaluation support, linked to the Trust’s evaluation framework.

## 11 of the 13 projects approved have completed the due diligence stage and are now in receipt of funding:

- **Alzheimer Scotland** Buddy Scheme, Lanarkshire - £105,000 to launch a new volunteer befriending scheme that will provide reminiscence therapy sessions from trained volunteer befrienders to people at all stages of the dementia journey within their own homes.
- **Alzheimer Scotland** Forget-Me-Not Project, Glasgow - £105,000 to continue a project that recruits and train volunteers to befriend people with dementia who are living in care homes or are in long term hospital care.
- **Ceartas Advocacy** - £82,000 for a project which provides café-style peer support for people with dementia in East Dunbartonshire.
- **ENABLE** - £105,000 to provide a peer support service for carers of people with learning difficulties and living with dementia in Moray.
- **The Eric Liddell Centre** - £84,000 to create a service to reach out to new carers of people with dementia in Edinburgh, with the help of trained volunteer befrienders.
- **Haven @ Home** - £93,000 to start a new project which provides befriending support for people affected by dementia in their own homes in Lanarkshire.
- **Health in Mind** - £100,000 to develop a project called ‘A Sense of Me’ which will support both people who have dementia and their carers using peer support groups.
- **North West Carers Centre** - £105,000 for a peer support service for carers of people with dementia which will support carers to gain confidence in their own skills and abilities, by sharing their experiences with someone who understands the difficulties and challenges they face and who can encourage them.
- **Outside the Box** - £94,000 to develop a peer support service for people with dementia and/or their carers in the Borders, with a focus on food preparation skills, nutrition and keeping well.
- **Quarriers** - £105,000 for a befriending project that aims to reduce the isolation, loneliness, stress and worry often felt by carers of people with dementia.

- **VOCAL** (Voice Of Carers Across Lothian) - £62,000 for a peer support service which will provide both one-to-one and group peer support to carers of people with dementia in Edinburgh.

#### **Next Steps:**

- Completion of due diligence checks for remaining 2 projects, funding released on a quarterly basis.
- First meeting of all befriending and peer support projects in October 2015 in Perth.

#### **A.1.2.2 Title of Funding Initiative:** Dementia Friendly Communities (first phase)

#### **Aims:**

- To improve the quality of life and well-being of those whose lives are affected by dementia – both people with dementia and carers.
- To support more rapid and effective development of Dementia Friendly Community projects and practices across Scotland so that:
  - people will be aware of, and understand more about, dementia
  - those whose lives are affected by dementia will seek and find the help and support they need
  - people affected by dementia are included in their community, enabled to be more independent and can exercise more choice and control
- To share findings and learning from Dementia Friendly Communities funded by the Trust in order to improve Dementia Friendly practice across Scotland and so that others can learn from Scotland.
- To support the development of positive relationships, mentoring and learning between Dementia Friendly Communities in Scotland, and also between Dementia Friendly Communities and similar initiatives that support the empowerment of those affected by dementia.
- To identify the longer-term support needs of communities in Scotland that are aiming to be dementia friendly in order to inform the planning of a second phase of Trust funding, which will further help to consolidate and develop the impact, reach and benefits of dementia friendly initiatives.

#### **Intended Outcomes**

##### **People affected by dementia (including carers) can say:**

- I have a significant say in how my dementia friendly community is run
- I know I have a community of support around me
- I am included and empowered
- I feel safe, listened to, valued and respected

**Dementia Friendly Communities as a whole can say:**

- There is a significant improvement in the skill, capacity and commitment we have to develop, deliver and evaluate an ongoing and effective Dementia Friendly Community.
- We are clear about the resources we need to make our Dementia Friendly Community sustainable and resilient beyond the Trust-funded stage and we are actively seeking ways of becoming sustainable.
- We have strong and effective links with other Dementia Friendly Communities so that we can support and learn from each other.
- We have effective links to other initiatives, for example other third sector or public sector agencies, that support and empower those whose lives are affected by dementia.

**Funding Approach:** Open Call

**Start and End Date:** August 2014 to April 2018

**Fundees:** various, see below

**Partners:** N/A

**Award Amount:** £3,386,187 over three years

**Links to Trust Programme Strategy**

**Priority/ies: Priority 1** – specifically, to facilitate development of dementia friendly communities across Scotland that support people affected by dementia to live well in the place they choose, and be included in their local and wider community. This will include support for a Scottish national learning and improvement community to enable all dementia friendly communities to learn from each other, improve practice and mentor new initiatives.

**Links to Trust Programme Outcomes:**

More people affected by dementia can say:

- I live in a place that suits me and my needs
- I am able to be as independent as possible
- I get the help I need when I need it
- I feel safe, listened to, valued and respected
- I am empowered to do the things that are important to me

**Activity to Date**

- The Trust launched a first open call for applications for funding for dementia friendly communities (DFCs) in August 2014, with a closing date of 24 October 2014.
- 72 applications were received and assessed.

In December 2014, Trustees approved funding for 14 initiatives, which represent a diverse range of activities and organisations across Scotland. Announcements were made in February/March 2015 and promoted through our website, digital and print media. Full details of all the funded projects are available on our website: <http://www.lifechangestrust.org.uk/funding-story/%C2%A33-million-dementia-friendly-community-initiatives>

There have now been two gatherings of the dementia friendly communities with excellent attendance at each. Three of the communities have reported on their work to date, which was inspiring. The next meeting in November is an open meeting at which communities will share their learning and also learn about other initiatives of interest to them.

## **Evaluation**

### **Methods**

- These are being decided with each individual community in line with the Trust's evaluation framework and the outcomes specified in the Background Paper that accompanied the application form.
- An evaluation guidance document has been prepared and has been given to each DFC. It has been published on the Trust's website. Ongoing evaluation support arrangements for all DFCs has been put in place and evaluation plans for each initiative have been drawn up. The first evaluation reports are due in November 2015.

### **Next Steps**

- Further establishment of the Community of Learning and Practice with national events which can be attended by anyone.
- Evaluation findings will be published on an ongoing basis as they emerge, which will be shared and reviewed to support continuing learning and improvement and inform future Trust funding decisions.

## **A.1.2.3 Individual Awards Pilot for People Affected by Dementia**

### **Aim**

To enable people affected by dementia to do something that matters to them and which will make a difference to their quality of life.

### **Intended Outcomes**

- Individuals are empowered with a sum of money to choose something that will have direct benefit to them.
- There may be a longer term effect in that a need is revealed that can be met in the longer term.
- Individuals may take more deliberate steps to ensure that they can continue doing the thing that matters to them, e.g. seek financial support from a local authority to visit a relative who has been placed in a care home far away from family.

- Partner organisations delivering the pilots understand more about what their service users may need to improve their quality of life and well-being.

**Type of Award:** Open Call in two specified regions – Edinburgh and Argyll & Bute

**Start and End Date:** 1 October 2014 to 31 July 2015 (Awards application period – 1 October 2014 – 15 January 2015)

**Fundees:** 438 individual living with dementia or carers

**Partners:**

- Royal Voluntary Service (lead partner)
- The Dochas Centre
- Helensburgh & Lomond Carers SCIO
- North Argyll Carers Centre
- Crossroads Caring for Carers (Cowal & Bute)
- VOCAL
- Life Care Edinburgh Ltd
- Minority Ethnic Carers of Older People Project (MECOPP)

**Award Amount:** £250,065 (£200,101 on awards; £49,964 on partner costs)

**Links to Trust Programme Strategy**

**Priority/ies:** Priority 5 – specifically, resource people affected by dementia to help them meet their identified needs in a way of their choosing and within their control by empowering them financially.

**Links to Trust Programme Outcomes**

More people affected by dementia can say:

- I am empowered to do the things that are important to me

**Activity to Date**

- The Trust launched its main pilot for individual awards for people affected by dementia in October 2014 in two areas - Argyll & Bute and Edinburgh. This pilot was delivered through several local community organisations (above) and the Royal Voluntary Service (RVS).
- The funding stage of the pilot concluded in January 2015 and 431 individuals received an Award.
- An extension to the main pilot in Edinburgh for Minority Ethnic Carers also commenced in October 2014. This was run by the Minority Ethnic Carers of People Project (MECOPP). 6 individuals received an Award as a result of this pilot.

**Evaluation**

**Methods**

- 94% of awardees completed and returned a guided letter to the Trust explaining how they used the Award and what benefit it brought in both the short and longer terms.

- 32 awardees participated in more in-depth feedback through individual interview or group interviews, e.g. through tea parties or face to face meetings.
- In addition, a large number of equality monitoring forms were analysed.
- Feedback from the partners who delivered the project was also part of the evaluation and a report will be submitted to the Dementia Programme Committee on their feedback in November 2015.

### **Findings/Results**

The evaluation report was published on 21 September 2015. It can be found here: <http://www.lifechangestrust.org.uk/sites/default/files/PABD%20Individual%20Awards%20Report%20FINAL.pdf>

### **Next Steps**

- Findings will inform:
  - planning of future Trust funding in this area, which may include collaboration with other funders
  - influencing activities by the Trust on this issue

### **A.1.2.4 Values, Ethics and Rights in Dementia Network (VERDe Network)**

#### **Aims**

To embed different thinking and a rights-based approach in policy and practice for people living with dementia.

#### **Intended Outputs and Outcomes**

- A series of six forum meetings for the network taking place in Scotland and England over 18 months, based on work generated by the Joseph Rowntree Foundation's Dementia Without Walls (DWW) programme, attended by members of the DWW programme and other key influencers, policy makers and community activists
- A UK-wide network of individuals and organisations committed to achieving change in thinking and a rights-based approach to policy and practice concerning rights and ethics for people living with dementia.

**Funding Approach:** Targeted and collaborative

**Start and End Date:** October 2015 – March 2016

**Fundee:** Mental Health Foundation

**Partners:** Joseph Rowntree Foundation

**Award Amount:** £27,720 over 18 months

### **Links to Trust Programme Strategy**

**Priority/ies:** Priority 4 "Create a culture in Scotland where people affected by dementia feel safe, listened to, valued and respected", specifically "Enhance understanding about the human rights of people affected by dementia and demonstrate how these rights should be practically applied by public services and others who provide services to people with dementia".

### **Links to Trust Programme Outcomes:**

More people affected by dementia can say:

- I feel safe, listened to, valued and respected

**Evaluation:** under development

### **Next Steps**

- Encouragement of others to participate in the network and participation by appropriate Trust staff and advisors
- Assistance in dissemination of findings and influencing activities

## **A.1.2.5 Age Scotland – early dementia awareness raising and intervention amongst older people in Scotland**

### **Aims**

- Increased awareness of how healthy living can prevent or delay the onset of some types of dementia.
- Increased awareness of healthy living and positive opportunities for people with early stage dementia to improve quality of life.
- Older people seek early diagnosis and promote early intervention.
- Greater awareness of the equalities issues and human rights of people who have early-stage dementia.
- Evidence from engagement with older people used to influence the Scottish Government and other policy makers and service providers.

### **Intended Outcomes:**

#### **Outcomes for older people with dementia and their carers**

More older people with dementia will have diagnosis and treatment at an early stage of their condition so they will have better lives and:

- A longer period of independence.
- Access to information and resources based on the needs and experiences of their peers.
- Greater awareness of the help, entitlements and choices which are available to themselves and their carers.
- Time and opportunity to take steps to protect their individual choices in future (Power of Attorney, wills, where they will live, who will support them).
- Interaction with services which will have a better awareness of their needs and priorities.

- Knowledge that the issues they identify will be raised with policy makers.
- Access to advice and appropriate signposts and referrals for specialist support at diagnosis and as their needs change.
- Avoiding crisis situations by managing their condition and planning for the future.

#### **Outcomes for older people:**

- More older people will understand the causes of dementia and how their risk of developing dementia might be reduced.
- More older people will understand the early signs of possible dementia and seek help early.
- More older people and their carers will have a better understanding of the issues and needs of people with early-stage dementia, and the stigma and fear will be reduced.
- More Age Scotland member groups would be equipped to support older people with early-stage dementia and their carers to participate in activities they enjoy.

#### **Outcomes for policy-makers and service providers**

- Evidence of the issues and concerns identified will be provided to service providers and policy makers to influence and improve their planning and priorities so that people with early-stage dementia will have better lives (housing, environment, care services, communication).

#### **Outcomes for Age Scotland**

- Age Scotland staff and the member groups they support will have better awareness of early stage dementia and provide better services.
- Age Scotland's influencing work and information resources across all issues will include the needs and priorities of people who have early-stage dementia.

**Funding Approach:** Targeted

**Start and End Date:** May 2015 – April 2018

**Fundees:** Age Scotland

**Partners:** N/A

**Award Amount:** £515,087 over three years

#### **Links to Trust Programme Strategy**

**Priority/ies:** Priority 2 "Protect and promote the independence of people affected by dementia", specifically, "Promote early diagnosis and early intervention".

#### **Links to Trust Programme Outcomes:**

More people affected by dementia can say:

- I am able to be as independent as possible
- I get the help I need when I need it

**Evaluation:** an evaluation plan is being prepared with Age Scotland in line with the Trust's evaluation framework.

### **Next Steps**

- delivery, monitoring and evaluation
- sharing learning to inform future Trust plans and wider improvements to practice and policy

### **A.1.2.6 Scottish Dementia Working Group – transport sub-group DVD and online resource.**

#### **Aims**

To produce a DVD and online resource to raise awareness of some of the issues people with dementia may have when using public transport and to provide some tips and hints on what public transport agencies could do to help.

#### **Intended Outcomes**

People with dementia will be empowered to continue to get out and about as independently as possible, which will increase self-esteem and confidence and strengthen their own personal capacity and resilience.

**Funding Approach:** targeted

**Start and End Date:** May 2015 – April 2016

**Fundees:** Scottish Dementia Working Group

**Partners:** N/A

**Award Amount:** £7,000

#### **Links to Trust Programme Strategy**

**Priority/ies:** Priority 2 "Protect and promote the independence of people affected by dementia", specifically, "Increase and develop knowledge and understanding about confidence and independence in people affected by dementia and demonstrate how this can be put into action".

#### **Links to Trust Programme Outcomes:**

More people affected by dementia can say:

- I am able to be as independent as possible
- I get the help I need when I need it
- I am empowered to do the things that are important to me

**Evaluation:** a proportionate evaluation method is being explored with the SDWG that is in line with the Trust's evaluation framework.

**Next Steps:**

- Monitoring and liaison
- Assistance with disseminating the resource once it is complete
- Review of reach and impact to inform future work in this area.

**A.1.2.7 Deal with Dementia – Sensory Challenges and dementia DVD and online resource.****Aims**

To produce a DVD and online resource to raise awareness of the sensory challenges that people with dementia may face and how to address them. This is a grassroots project led by a person with dementia and a carer.

**Intended Outcomes**

People with dementia will be empowered to continue to get out and about as independently as possible, which will increase self-esteem and confidence and strengthen their own personal capacity and resilience.

**Funding Approach:** targeted

**Start and End Date:** June 2015 – September 2016

**Funders:** Deal with Dementia

**Partners:** N/A

**Award Amount:** £9,359

**Links to Trust Programme Strategy**

**Priority/ies:** Priority 2 "Protect and promote the independence of people affected by dementia", specifically, "Increase and develop knowledge and understanding about confidence and independence in people affected by dementia and demonstrate how this can be put into action".

**Links to Trust Programme Outcomes:**

More people affected by dementia can say:

- I am able to be as independent as possible
- I get the help I need when I need it
- I am empowered to do the things that are important to me

**Evaluation:** a proportionate evaluation method is being explored with Deal with Dementia that is in line with the Trust's evaluation framework.

**This project is complete** and was presented at the Alzheimer Europe Conference (Slovenia) in September 2015. The booklet can be found here <http://www.lifechangestrust.org.uk/news/dementia-and-sensory-challenges-booklet-published>. The DVD and online resource will be available in November 2015.

**Next Steps:**

- Continued support for Deal with Dementia to disseminate the resource.
- Monitoring of how the resource is being used
- Support to Deal with Dementia to present the booklet at the 10<sup>th</sup> Dementia Congress in Telford in November 2015
- Review of the reach and impact to inform future work in this area.

**A.1.2.8 DEEP – Dementia Engagement and Empowerment Project****Aims**

To continue to support the network to continue to thrive and grow, by:

- Continuing to create and link DEEP groups together all across the UK and to concentrate on common areas of interest or geography.
- Providing information about DEEP group activities to the DEEP network and externally.
- Acting as a broker to respond to requests for engagement activities for groups.
- Supporting the DEEP network to be proactive in its influencing activities and to take action about issues that are identified as important.
- Offering the DEEP network the opportunity to be part of new national projects that are determined by the network, both in Scotland specifically and in the UK as a whole.

**Intended Outcomes**

- DEEP is a successful and diverse UK-wide network
- DEEP groups feel part of a wider network through which they can influence.
- DEEP is seen as the go-to place for hearing the voice of people with dementia.
- Individual DEEP groups feel confident in their approach to influencing work.
- DEEP is proactive in its approach to influencing work.
- DEEP groups are involved in multiple projects, not just consultation work.

**Funding Approach:** targeted

**Start and End Date:** October 2015 – September 2019

**Funders:** Innovations in Dementia

**Partners:** N/A

**Award Amount:** £357,576

**Links to Trust Programme Strategy**

**Priority/ies:** Priority 5 “Empower people affected by dementia so that they can do the things that are important to them”, specifically, “Resource people affected by dementia to meet their identified needs in a way of their choosing and within their control, ensuring they have voices that are heard by decision makers”.

## Links to Trust Programme Outcomes:

More people affected by dementia can say:

- I get the help I need when I need it
- I feel safe, listened to, valued and respected
- I am empowered to do the things that are important to me

**Evaluation:** to be agreed with Innovations in Dementia in November 2015.

## Next Steps:

- Trust participation in recruitment of two DEEP co-ordinators
- Trust ongoing liaison with DEEP on insight and influencing activity
- Review of progress and learning to inform ongoing work.

## A.1.3 New, Approved Funding Initiatives and/or Awards

No new funding initiatives or awards were approved during July-September 2015.

## A.1.4 Development of New Funding Initiative Proposals

### Theme: Housing

- **Relates to Programme Strategy Priority/ies:** Priority 1 "Enable people affected by dementia to live in a place that suits them and their needs", specifically, "Increase and develop knowledge and understanding about how people with dementia can be enabled to stay in their own homes and communities for longer, and demonstrate how this knowledge can be put into practice".
- **Background and Progress to Date:** workshop held on 14 May 2015. Workshop report will be published in July 2015. Steering group for proposal will convene in July 2015.
- **Proposals ready for consideration by Trustees by:** November 2015

### Theme: End of life care

- **Relates to Programme Strategy Priority/ies:** Priority 5 "Empower people affected by dementia so that they can do the things that are important to them", specifically, "Increase and develop knowledge and understanding about how a good quality of life can be sustained even to the end of life".

- **Background and Progress to Date:** workshop held on 14 January 2015. Workshop report will be published in October 2015. Steering group for proposal continues to meet.
- **Proposals ready for consideration by Trustees by:** February 2016

### **Theme: Music and dementia**

- **Relates to Programme Strategy Priority/ies:** Priority 1 "Enable people affected by dementia to live in a place that suits them and their needs" and also related to quality of life.
- **Background and Progress to Date:** workshop held on 16 March 2015. Workshop report and concept paper will be published in October 2015. Steering group continues to meet.
- **Proposals ready for consideration by Trustees by:** February 2016

### **Theme: Dementia and Spirituality**

- **Relates to Programme Strategy Priority/ies:** Priority 4 "Create a culture in Scotland where people affected by dementia feel safe, listened to, valued and respected", specifically, "Increase understanding about the particular issues that people from certain 'protected characteristic' groups may face when they are affected by dementia".
- **Background and Progress to Date:** workshop held on 19 March 2015. Workshop report will be published in October 2016. Steering group for proposal continues to meet.
- **Proposals ready for consideration by Trustees by:** February 2016

## **A.1.5 Programme Advisors**

### **Voluntary professional advisors**

The Programme Director has approached nine individuals to become unpaid professional advisors to the Programme and these will be confirmed by November 2015.

## Section A – Programmes

### A.2 Care Experienced Young People Programme

#### A.2.1 Completed Funding Initiatives

No new funding initiatives were completed during this quarter.

#### A.2.2 Active Funding Initiatives

##### A.2.2.1 Title of Funding Initiative: Engaging and Empowering Care Experienced Young People (Stage 2)

###### Aim

To transform the lives of care experienced young people living in Scotland to create better outcomes, improving life chances, reducing stigma and creating a positive care identity.

###### Intended Outcomes

###### Engage

- Building individual confidence and connecting care experienced young people to one another and to their communities of place and interest.

###### Mobilise

- Enabling care experienced young people to influence decision-makers and wider society through Champions Boards and other related developments and supporting the care-proofing of policy and practice locally, regionally and nationally.

###### Empower

- Utilising the Alumni movement and Champions Boards to promote active citizenship, challenge discrimination and hold Corporate Parents to account

The three core strands of activity described in this proposal are linked and mutually supportive. The empowerment of young people will shape transformational, systemic and sustainable improvements that will benefit future generations of care experienced young people.

**Funding Approach:** Targeted

**Start and End Date:** January 2015 to December 2018

**Fundee:** Who Cares? Scotland

**Partners:** N/A

**Award Amount:**

- 2015/16: **£398,433**
  - 2016/17: **£410,547**
  - 2017/18: **£423,263**
- Total: **£1,232,243**

**Links to Trust Programme Strategy**

**Priority/ies: Priority 1:** Care experienced young people are loved, respected, valued and listened to.

**Links to Trust Programme Outcomes**

More care experienced young people can say:

- I live in a place that suits me and my needs
- I am able to be as independent as possible
- I get the help I need when I need it
- I feel safe, listened to, valued and respected
- I am empowered to do the things that are important to me

**Background**

One of the required outputs from the Trust's development funding for Who Cares? Scotland in 2014, was development of a longer term funding proposal to further develop engagement, empowerment and influencing of care experienced young people across Scotland.

A funding proposal was received from Who Cares? Scotland in October 2014. Following assessment by Trust staff, Trustees approved this application in November 2014. Funding commenced in January 2015 to support the following key activities:

- Development of Scottish Alumni of Care Leavers and Regional Participation Network
- Summer Camp and National Festival
- Development of partnerships locally and nationally
- Supporting care experienced young people's involvement in Champions Boards
- Corporate Parent training
- Employment of Care Experienced Young People

**Progress to Date (taken from Who Cares? Scotland January-June 2015 six-monthly monitoring report)**

- **Participation activity** – a total of 806 care experienced young people were engaged in participation activity during the first six months of funding, against an annual target of 320.
- **Membership development/positive Care I.D.** – Who Cares? Scotland (WCS) recruited 431 new members to the membership programme in the first six months, against an annual target of 500 people registered as members or alumni.

- **Alumni of care leavers** – WCS held the first gathering of the Alumni of care leavers in March. This was well attended and helped get this initiative off to a very positive start. As of June 30<sup>th</sup> 2015, there were 33 Alumni members.
- **Influencing policy** - research conducted with 87 care experienced young people into the Children & Young People Act was utilised to provide responses to 4 national calls for evidence into Educational Attainment; Social Isolation (Equal Opportunities Committee); Women & Welfare; Stop & Search (Police Scotland). It also supported the consultation response to the Education (Scotland) Bill. The annual target for this work is 100 young people involved in policy and legislation consultations; national inquiries; committee consultations.
- **Influencing – stakeholder engagement** – Between January and June 2015 WCS delivered 10 conference inputs featuring care experienced young people. These included inputs at the Glasgow Postgraduate Diploma in Education Conference, Scottish Funding Council – access for all event, CELCIS – engaging care experienced students event and the Social Work Strategy launch in March. The annual target for this work is input to five conference events.
- **Champions Boards** – WCS have continued to work with 9 Champions Boards spanning 9 Local Authority areas. 85 care experienced young people supported by WCS have been involved in this work. The annual target for this work is to support 30 young people involved in Champions Board work across 7 areas.
- **Corporate Parenting** – Between January and June 2015, 25 Corporate Parenting sessions were delivered. Included in these sessions were inputs to new Corporate Parents, such as NHS Health Scotland and SSSC, among others. 31 care experienced young people were involved in the delivery of Corporate Parenting training sessions. This work has taken priority (due to the external context of the implementation of new legislation) over securing Pledges to Listen from Corporate Parents (original target of 20 new pledges annually)

As can be seen from the above, Who Cares? Scotland is making good progress against targets set for the first year of this funding award, in many cases exceeding expected numbers.

### **Future Plans: July – December 2015**

During the July to December period, Who Cares? Scotland (WCS) will continue to deliver participation activity across Scotland, and maintain the focus on building membership. The annual festival event, which takes place during Care Leavers Week, will be delivered at the end of October. This is a celebratory event which brings together care experienced young people from across Scotland – the event is designed and delivered by the young people themselves.

The organisation will also continue its work engaging with Corporate Parents, particularly those who have been newly-designated as such via legislation. WCS will also support local authority areas who are progressing their funding bids for the Life Changes Trust Champions Board funding opportunity by providing input around participation.

### **Evaluation Plan and Methods**

During 2014, the Trust funded Evaluation Support Scotland to work with Who Cares? Scotland so the organisation could develop its evaluation practice. This work is now complete, and a "logic modelling" approach to evaluation underpinned WC?S funding proposal to the Trust for Stage 2. Staff members across different levels of the organisation received appropriate training on evaluation, including measuring outcomes and supporting young people to "tell their story". A toolkit for gathering outcome information from care experienced young people has been developed. WC?S will use a mix of quantitative and qualitative evaluation methods to assess and report on activity and outcomes of this funding award.

## **A.2.3 New, Approved Funding Initiatives and/or Awards**

### **A.2.3.1 Title of Funding Initiative: Peer Mentoring**

#### **Aim**

To invest in an initial phase of peer mentoring projects for care experienced young people, which will provide support to recipients while assessing benefits of this approach.

#### **Intended Outcomes**

- Care experienced young people have more opportunities to develop relationships with each other.
- An increased number of care experienced people have their expertise and experience recognised.
- More care experienced young people have a positive experience of relationships.
- An increased number of care experienced people are active citizens.
- Communities have more opportunities to understand and support care experienced young people.

**Funding Approach:** Open call between 1<sup>st</sup> April and 13<sup>th</sup> May 2015.

**Start and End Date:** Projects will be funded over an initial two year period, 2015-2017.

#### **Fundees**

In August 2015, the Committee agreed to fund the following six Peer Mentoring Projects:

- Barnardo's, South Ayrshire (£79,940)
- Move On, Edinburgh (£86,732)
- The Rock Trust, West Lothian (£90,000)
- Up 2 Us, Strathclyde (£88,651)
- Y People, Glasgow (£89,460)
- Y Sort It, West Dunbartonshire (£89,304)

**Partners:** The Trust will work in partnership with the Scottish Mentoring Network.

### **Award Amount**

Total budget for funding awards = £524,087

Maximum budget per initiative = £90,000 (£45,000 per annum)

### **Links to Trust Programme Strategy**

**Priority/ies:** The peer mentoring initiative is related to Priority 3 with a particular focus on care experienced young people having supportive and caring relationships.

### **Links to Trust Programme Outcomes**

More care experienced young people can say:

- I get the help I need when I need it
- I feel safe, listened to, valued and respected

### **Progress to Date**

The Trust received a total of 23 applications for the Peer Mentoring initiative. An initial assessment of the applications was completed by the Programme team, with nine applications being longlisted for progression to the next stage.

In July 2015, the nine longlisted applications were deliberated by an assessment panel made up of Trustees and a representative from the Scottish Mentoring Network. The panel selected five applications to present at the August 2015 Programme Committee meeting and further information was requested on a sixth proposal which was subsequently also considered at the August Committee. The Committee agreed to fund all six recommended Peer Mentoring projects in August 2015.

### **Next steps**

Funding for the six peer mentoring projects is due to begin in October 2015. Programme staff will be visiting each of the projects during November and early December 2015.

### **Evaluation Plan and Methods**

An evaluation approach for this initiative has been devised, informed by the Trust's Evaluation Framework and with input from Evaluation Support Scotland.

In October 2015, all funded projects will be attending a workshop facilitated by Evaluation Support Scotland. The purpose of this workshop is to support the projects to finalise their outcomes and provide guidance on developing an evaluation plan which will be submitted to the Trust in January 2016.

The Trust will use evaluation reports from each funded initiative to prepare an overall evaluation report, which would be published in full and summary formats. Learning from funded peer mentoring projects will be disseminated through Champions Boards and in other ways.

### **A.2.3.2 Theme: Mentoring in Education**

**Aim** To invest in an expansion of a school-based mentoring programme for care experienced young people, with the aim of improving their school experience, educational attainment and post-school opportunities.

#### **Intended Outcomes**

- More care experienced young people stay on at school beyond S4.
- Care experienced young people achieve improved qualification levels.
- Care experienced young people have improved attendance levels at secondary school.

N.B Further work will be carried out in relation to these outcomes as the detailed approach to evaluation is agreed by MCR Pathways and its funding partners (see Evaluation section below).

**Funding Approach:** Targeted

**Start and End Date:** The project will be funded over a three year period, 2015-18.

**Fundees:** MCR Pathways

#### **Partners:**

MCR Pathways has secured financial support from the following funders.

- Glasgow City Council (£683k secured)
- STV Appeal (£300k secured)
- MCR Foundation (£100k secured)
- The Robertson Trust (£200k secured)

#### **Award Amount:**

- 2015/16: **£200,000**
- 2016/17: **£200,000**
- 2017/18: **£200,000**
  
- Total: **£600,000**

#### **Links to Trust Programme Strategy**

**Priority/ies:** The mentoring in education initiative is related to Priority 4 - care experienced young people have increased access to education, training and employment.

## **Links to Trust Programme Outcomes**

More care experienced young people can say:

- I get the help I need when I need it
- I feel safe, listened to, valued and respected
- I am empowered to do the things that are important to me

## **Progress to Date**

- Trust funding award agreement scheduled to be issued in October 2015.
- MCR Pathways continuing to deliver in current secondary schools in Glasgow where project already active and recruiting new staff for wider rollout to all Glasgow secondary schools from November 2015.

## **Next steps**

- Evaluation Plan to be agreed by all partners.
- Programme Board established, with senior representatives from all funders and MCR Pathways.

## **Evaluation Plan and Methods**

A comprehensive evaluation plan is under development, involving MCR Pathways and all funders. This will include cost-benefit analysis provided by an independent research organisation.

### **A.2.3.3 Theme: Champions Boards (Dundee)**

**Aim** To invest in and support the development of Dundee Champions Board, to enable systemic, transformational and sustainable improvements to the support provided to care experienced young people over time, improving their quality of life and well-being.

## **Intended Outcomes**

- develop CEYP as young leaders, with increased personal capacity, resources and resilience
- strengthen commitment, knowledge, skills and capacity among service providers and corporate parents
- initiate collaborative improvement in services that will in turn transform experience and outcomes for CEYP
- positively influence improvements to policy and practice relating to CEYP outside of Dundee
- improve public awareness and attitudes to CEYP in Dundee

**Funding Approach:** Targeted

**Start and End Date:** The project will be funded over a three year period, 2015-18.

**Fundees:** Dundee Integrated Children's Services Partnership

**Partners:**

Match funding being provided by Dundee City Council and Carolina House Trust, **£276,069**

**Award Amount:**

- 2015/16: **£79,145**
- 2016/17: **£72,558**
- 2017/18: **£73,971**
  
- Total: **£225,673**

**Links to Trust Programme Strategy**

**Priority/ies:** This proposal will support delivery of all 5 of the Trust's Care Experienced Young People Strategy priorities.

**Links to Trust Programme Outcomes**

More care experienced young people can say:

- I live in a place that suits me and my needs
- I am able to be as independent as possible
- I get the help I need when I need it
- I feel safe, listened to, valued and respected
- I am empowered to do the things that are important to me

**Progress to date**

The Programme Committee agreed an in-principle funding award for Dundee Champions Board at its August meeting, subject to further refinement of the evaluation plan. Dundee was targeted for this funding award in recognition of the lead role the area has played in establishing the concept of a fully-participative Champions Board for Care Experienced Young People which drives improvements to local policy and practice for this group.

Programme staff are due to meet with representatives of the lead partner (Carolina House Trust) and other partners early in October to agree the process for finalising the evaluation plan.

**Evaluation Plan and Methods**

The Dundee Champions Board, as with other Champions Boards the Trust expects to fund, has been provided with guidance to support development and delivery of their evaluation plans.

## Next steps

Trust Programme staff will meet with members of the Dundee Partnership in October 2015, with funding expected to commence in November 2015.

## A.2.4 Development of New Funding Initiative Proposals

### A.2.4.1 Title of Funding Initiative: Champions Board Development

#### Aims

To invest in and support the development of Champions Boards across Scotland, to enable systemic, transformational and sustainable improvements to the support provided to care experienced young people over time, improving their quality of life and well-being.

#### Intended Outcomes

##### Beneficiary outcomes

- Care experienced young people develop positive relationships through Champions Boards and related support.
- Care experienced young people become active citizens as a result of participation.
- Care experienced young people feel able to shape and influence policy/practice relating to their lives.

##### Organisational outcomes

- More organisations working with care experienced young people support relationship-based practice.
- More organisations working with care experienced young people can demonstrate meaningful participation of care experienced young people in planning and supporting improvements.

##### Policy and practice outcome

- National, regional and local policy and practice is increasingly responsive to the needs and aspirations of care experienced young people.

##### Public awareness and attitudes outcome

- Communities have more opportunities to understand and support care experienced young people.

**Funding Approach:** Open Call between May and October 2015

**Start and End Date:** 2015-2023

#### Fundees

- **Area-based Champions Boards:** Eligible applicants for open call = local consortia with partners from both the statutory and voluntary sector and genuine and significant involvement of care experienced young people.

- **National communities of interest Champions Boards:** under development.

**Partners:** Partner contributions will be defined as our Champions Board approach develops.

**Award Amount: A total proposed investment of £7.5 million over 8 years,** with an initial three-year total investment of £2.3m.

**See funding guidance for more information about different types and levels of funding awards (available on our website).**

### **Links to Trust Programme Strategy**

**Priority/ies:** This proposal will support delivery of all 5 of the Trust's Care Experienced Young People Strategy priorities.

### **Links to Trust Programme Outcomes**

More care experienced young people can say:

- I live in a place that suits me and my needs
- I am able to be as independent as possible
- I get the help I need when I need it
- I feel safe, listened to, valued and respected
- I am empowered to do the things that are important to me

### **Progress to Date**

The open call application process launched on 1 May 2015, which included the following elements:

- self-assessment questionnaire
- applicant information sessions
- Columba 1400 leadership development
- final bids

The Trust received 17 self-assessment questionnaires by the self-assessment deadline of 11 June 2015. These were assessed by the Programme staff and the following 10 applications were progressed to the next stage of the application process:

1. South Ayrshire Health & Social Care Partnership
2. Aberdeen City Council
3. Renfrewshire Community Planning Partnership
4. Midlothian Council
5. Falkirk Community Planning Partnership
6. Argyll & Bute Council
7. Highland Community Planning Partnership
8. Dumfries & Galloway Corporate Parenting Group
9. East Lothian Council
10. East Renfrewshire Council

The seven areas not progressing further at this stage were given tailored feedback and invited to a workshop in February 2016 to support their participation in the next funding round.

Successful applicants were invited to attend a 6-day residential leadership course run by Columba 1400, after which they would be supported to submit a full application for Champions Board funding to the Trust. Two preparation days for the residential week were held (Edinburgh and Perth) and nineteen representatives from nine areas took part. After much discussion with the Trust the tenth area, South Ayrshire, decided to withdraw their application and reapply in the next round.

At the end of August 2015, two representatives from each of the nine areas attended the Columba 1400 residential leadership course. Feedback from the course participants has been highly positive, with those that attended reporting it as extremely beneficial on both a personal and professional level.

On 11 September, the Champions Board's Columba Graduates and at least one strategic lead from each of their areas attended a celebration review and planning event in Edinburgh to:

- reflect on the learning from the residential leadership course
- consider next steps regarding the establishment of their Champions Boards and a wider network
- take part in a funding workshop to support preparation of their funding applications to the Trust, including evaluation plans

### **Next Steps**

Applicants are currently working on their final bids which are due to be submitted to the Trust on 30 October 2015. The Programme Team offered each of the applicant areas tailored, 1:1 meetings in October to support the production of their final bids. The Trust's Programme Director attended two masterclasses convened by CELCIS and led by Dr Melissa Van Dyke, their new National Expert on Implementation from the National Research Network at the University of North Carolina.

We are keen to incorporate the theory and learning behind this approach to successful implementations of planned change in our future development work and have approached CELCIS to explore the possibility of working with Dr Van Dyke.

Exploratory meetings have also been held with Community Renewal to inform the further development of Champions Boards funding opportunities.

### **Evaluation Plan and Methods**

Applicants that progressed to the second stage of the application process were provided with initial evaluation guidance to support their final bid. Fundees will be provided with more in-depth evaluation guidance and support. Fundees will also be expected to participate and support a Scotland-wide Champions Board Learning and Improvement network, which will aid progress and evaluation.

Fundees will be required to provide six-monthly monitoring reports, to enable fundees and the Trust to report on progress, identify good practice and identify and resolve challenges in a timely way.

#### **A.2.4.2 Theme: Strengthening Insight and Workforce Development Links to Programme Strategy**

**Priority/ies:** The Insight and Workforce Development proposal sits within Priority 3 – care experienced young people have access to effective and caring support and guidance when and where they need it.

#### **Background**

The Trust established a working group with key organisations to identify investment priorities and develop funding ideas to:

- improve collective insight into the needs of care experienced young people and what works in improving their lives
- consider how staff in all sectors and organisations can be better supported themselves, to provide improved services and better support to care experienced young people to achieve better outcomes.

In addition to Trust staff, members of the working group included representatives from the Centre for Excellence in Looked After Children in Scotland (CELCIS); Scottish Through Care and After Care Forum (STAF); Who Cares? Scotland and Institute for Research and Innovation in Social Services (IRISS).

#### **Background and Progress to Date**

The group's work during late 2014 and early 2015 informed the Trust's decision to focus on relationship-based practice and strategically invest funds to:

- develop improved knowledge and skills of the paid and voluntary workforce which support care experienced young people so they are more able to meet the needs and aspirations of care experienced young people and improve their quality of life and wellbeing
- increase and strengthen information sharing, learning and collaboration between national and local service providers

One approach to investing in this issue will focus on development of a Learning and Improvement Network to support Champions Boards and other initiatives funded by the Trust. A proposal is near completion for consideration by Trustees in November 2015.

### **A.2.4.3 Theme: Employment**

#### **Links to Programme Strategy**

**Priority/ies:** The theme of employment is related to the Programmes' fourth priority – that care experienced young people have access to improved education, training and opportunities.

#### **Background and Progress to Date**

An open call funding offer on strengthening employment for care leavers was launched in June 2015 as part of our Corporate Social Venturing initiative (see Cross Programme section below).

## **A.2.5 Programme Advisors**

### **A.2.5.1 Care Experienced Advisors**

- The Trust's Care Experienced Young People Programme has benefited from the input of two Care Experienced Advisors since May 2014.
- In April 2015, the two Advisors were consulted about their experience of working with the Trust to date and about how they would like their involvement to develop. As a result of these discussions, a proposal outlining plans to expand our current Advisors roles, whilst also establishing a Reference Group of care experienced young people to inform and influence the work of the Trust was discussed and subsequently approved in the May 2015 Committee meeting.
- The Programme staff have developed a project plan to further progress this work. An exploratory workshop will be held in November 2015 with an initial group of six or seven young people. The workshop will provide the opportunity to discuss the Programme activities that young people may wish to be involved in.

### **A.2.5.2 Professional Advisors**

- In addition to the Programmes' Care Experienced Advisors, the Trust also plans to recruit a pool of professional advisors who can advise programme planning and development; participate in funding assessments, and act as ambassadors for the Trust.
- The Programme team has drawn up a list of potential professional advisors for our CEYP Programme with a range of relevant skills and backgrounds for consultation and agreement with Programme committee members by email over winter 2015.

## Section A – Programmes

### A.3 Cross Programme Initiatives

#### A.3.1 Active Funding Initiatives

##### **Title of funding initiative: Corporate Social Venturing (CSV) Scotland**

**Aim:** To support transformational and sustainable improvements in quality of life and well-being for care experienced young people through improved employment and for people affected by dementia by promoting independence and well-being.

##### **Intended Outcomes:**

###### **Care Experienced Young People**

- improved employment opportunities
- improved confidence
- improved skills

###### **People affected by dementia**

- improved confidence
- improved independence
- improved relationships

##### **CSV Outcomes:**

- 4-5 corporate partners are recruited and provide effective support to the Initiative through their staff skill base, networks, resources and investment.
- On-going working links are established between the Trust and the corporate partners and relationships developed with other corporate organisations.
- Greater awareness of the Trust's beneficiary groups and our vision, mission and role.

##### **Trust outcomes:**

- A social loan/investment funding option for the Trust that can be repeated and/or adapted in the future, complementing its grant funding.

##### **BII outcomes:**

- The introduction of the CSV model to Scotland
- Greater access to social investment finance in Scotland

**Corporate Partners outcomes:**

- High profile Corporate Social Responsibility (CSR) activity
- Staff development
- Improved staff morale

**Funding Approach:** open call

**Start and End Date:** Launch June 2015; funding to be issued in 2016; with loan repayments over 3 years to 2019

**Fundees:** any organisation which meets the funding criteria (but not public sector)

**Partners:**

Lead Partner: Big Issue Invest

Supporting Partner: Scottish Council for Development and Industry

Corporate Partners: Barclays PLC; Mitie PLC; Places for People Scotland, Care and Support; others tbc.

**Award Type: Loan**

**Award Amount:** up to £50,000 per successful applicant

**Background and Progress to Date:**

CSV is a pioneering model for investing in and growing early stage business ventures committed to creating social impact, which provides a mix of affordable loan funding with free business support to maximise success. CSV has been successfully developed and implemented by Big Issue Invest (BII) in England. BII and the Trust have agreed to work together to bring the Initiative to Scotland for the first time, with the Trust underwriting the loan fund and corporate partners providing free business support. The Scottish Council for Development and Industry (SCDI) is a supporting partner, assisting with PR and networking.

Following planning and preparatory work during 2014/15, the funding call was launched in June, with closing date early-October. Two funding briefing meetings were held in July for prospective applicants. Trust staff are managing applicant enquiries.

**Evaluation:** under development.

## Section B – Communications, Public Relations and Influencing

### B.1 Digital Communications

#### Website

- **New website** - the new website was launched on 17<sup>th</sup> June 2015. It provides better functionality, clearer and more engaging appearance and straightforward navigation. It will also provide more detailed analytical information about visitors to the website, downloads, click-throughs etc. August to September saw a small increase of 6% of page views, typical for summer months.
- At the end of June 2015, 935 people subscribed to our e-bulletin. By the end of September there were 1008, an increase of 8% in 3 months. There is now a much easier sign-up system integrated on our new website.
- The Trust Twitter account is very active – at the end of June 2015, the Trust had 1034 followers on Twitter. By the end of September, that number was 1160, an increase of 12% over three months. Trust communications staff monitor our Twitter activity throughout the day, and update with daily Tweets on funding, events and Trust news. We also retweet/are re-tweeted continuously.
- Our Trust Blog site – which is linked to our website - went live in September, with the first blog from CEO Maddy Halliday, and one from Anna Buchanan, Director of the People Affected by Dementia Programme for World Alzheimer’s Day/launch of the dementia programme Individual Awards evaluation report. Subsequent blogs are scheduled for our Programme Directors and CEO.

### B.2 Publications

- Our first Annual Review was written, ready for design and publication in October 2015. Hard copies will be available for our National stakeholder engagement event in November 2015.
- Our People Affected by Dementia ‘Individual Awards Pilot Evaluation Report’ was edited, designed and published in house on World Alzheimer’s Day on 21st September 2015.

## B.3 Events

- The Trust held two funding briefing meetings for our CSV Scotland initiative; one in Glasgow on the 7th July and the other in Perth on the 13th July.
- Planning for our first Trust Annual National Stakeholder Event in November 2015 is in hand.
- The Trust Communications team has commissioned a short promotional film for the Trust, which will be ready for our first National Stakeholder day.
- Trust staff attended 11 external events during August and September 2015.

## B.4 Media

Between July and September, **6** media releases were issued by the Trust for the dementia programme befriending and peer support funding.

Media coverage is still being collated but so far includes: Irvine Times, Irvine Herald, Ayrshire Post, Berwickshire News, Kilmarnock Standard, Press & Journal and Motherwell Times. Combined reach so far of around 200,000.

7 more dementia programme befriending and peer support funding media releases will be issued in October, as well as 6 care experienced young people programme peer mentoring media releases.

Our fundees have also been supported to promote the Trust. This has included a Trust quote in a media release from DFC funded Edinburgh Theatres, Trust mentions and photographs in the Daily Record, Dumbarton Reporter and Lennox Herald for attendance at the launch of DFC funded allotment project in Dumbarton and Trust mention on BBC Radio Scotland as funder for DFC Sporting Memories Network, with a combined reach of 216,619.

## Section C – Governance, Strategy, Performance and Risk Management

### C.1 Governance

The Trust has quarterly cycle of committee and Board meetings. Our committees are:

- Programme Committee for Care Experienced Young People
- Programme Committee for People Affected by Dementia
- Finance Committee.

Approved minutes from our governance meetings held between August and September 2015 will be available on our website by December 2015.

The Trust has also established a Remuneration Committee, which will usually meet once a year in November, commencing 2015.

### C.2 Finance

The Trust's contracted Investment Management provider, Investec, invested a further £10 million of Trust capital to maximise the income the Trust can earn in line with our approved investment policy, which includes both risk and ethical considerations. This is addition to £20 invested earlier in 2015. It is too early to assess performance of the fund.

The Trust's external audit for 2014-15 was completed by the 15<sup>th</sup> July. Our auditors provided an unqualified opinion on the accounts of financial year 1 April 2014 to 31 March 2015. No significant or major improvement issues were identified by our auditors.

## **C.4 People Management**

Three new Trust staff started in post in October 2015:

- Andrena Coburn Funding Manager, People Affected by Dementia Programme
- Paul Sullivan, Funding Manager, Care Experienced Young People Programme.
- Gillian Little Insight and Evaluation Co-ordinator.

Recruitment of our Insight and Evaluation Officer will commence in November 2015.

This recruitment completes the Trust's approved staff team, which allows the Trust to fulfil its insight, funding and influencing roles in line with our Business Plan to 2023.

## **C.5 Knowledge Management**

The Trust's internal Knowledge Management policies and procedures were further developed during July-September 2015 to support development and delivery of our insight activities, including:

- systematic capture and sharing of relevant knowledge within and beyond the Trust
- supporting effective planning and delivery of the Trust's work, including preparation of funding initiative proposals and funding decisions and our influencing activities
- supporting funding applicants and fundees

## **C.6 Work Planning, Performance Management and Funding Evaluation**

Most elements of the Trust's approved Performance Management arrangements are in place, with full implementation by spring 2016.

Good progress in preparing the Trust's Funding Evaluation Toolkit was made during this period, with publication scheduled for December 2015. The toolkit will be delivered through the Trust's website as an online, interactive resource, to support Trust staff and funding applicants plan and deliver appropriate funding evaluation.

Our Funding Evaluation Toolkit is also supported by the Trust's Funding Evaluation Framework (available on our website in December 2015) and evaluation guidance provided for specific funding initiatives as they are launched.